## SOUTHEASTERN CUSD #337 JR/SR HIGH SCHOOL

## SEPTEMBER 2023 BREAKFAST & LUNCH MENU

| Monday             | Tuesday                | Wednesday              | Thursday               | Friday                 |
|--------------------|------------------------|------------------------|------------------------|------------------------|
|                    |                        |                        |                        | 1                      |
|                    |                        |                        |                        | BISCUIT & GRAVY        |
|                    |                        |                        |                        |                        |
|                    |                        |                        |                        | A - FRENCH BREAD PIZZA |
|                    |                        |                        |                        | B - HAMBURGER ON BUN   |
|                    |                        |                        |                        | BROCCOLI               |
|                    |                        |                        |                        | FRUIT                  |
| 4                  | 5                      | 6                      | 7                      | 8                      |
|                    | SAUS & CHEESE MUFFIN   | BREAKFAST BAR          | BREAKFAST PIZZA        | CINN ROLL & YOGURT     |
| NO                 |                        |                        |                        |                        |
| SCHOOL             | A - SPAGHETTI          | A - CHILI DOG          | A - TACO SALAD         | A - MINI BOSCO STICKS  |
|                    | B - CHICKEN PATTY      | B - HAMBURGER ON BUN   | B - TENDERLOIN ON BUN  | B - CORN DOG           |
|                    | MEAT SAUCE             | SWT POTATO FRIES       | TOSTITOS               | CARROT STICKS          |
|                    | CARROTS                | BROCCOLI               | REFRIED BEANS          | FRUIT                  |
|                    | FRUIT                  | FRUIT                  | FRUIT                  |                        |
| 11                 | 12                     | 13                     | 14                     | 15                     |
| DUTCH WAFFLE       | BREAKFAST BURRITO      | CEREAL & BANANA BREAD  | SAUSAGE & PANCAKES     | FRUITY OATMEAL         |
|                    |                        |                        |                        |                        |
| A - MINI CORN DOGS | A - ORANGE CHICKEN     | A - PULLED PORK NACHOS | A - SLOPPY JOE ON BUN  | A- PIZZA CALZONE       |
| B - HOT DOG ON BUN | B - CHICKEN PATTY      | B - HAMBURGER ON BUN   | B - TENDERLOIN ON BUN  | B - CORN DOG           |
| TATOR TOTS         | VEGGIE FRIED RICE      | BAKED BEANS            | MAC & CHEESE           | SALAD                  |
| CORN               | FORTUNE COOKIE         | CORNBREAD              | GREEN BEANS            | PUDDING                |
| FRUIT              | FRUIT                  | FRUIT                  | FRUIT                  | FRUIT                  |
| 18                 | 19                     | 20                     | 21                     | 22                     |
| FRENCH TOAST BITES | SAUS & CHEESE MUFFIN   | BREAKFAST BAR          | BREAKFAST PIZZA        | CINN ROLL & YOGURT     |
|                    | 4                      | A DODGODNI GUIGVEN     |                        | A DITTA DIDDEDS        |
| A - MEATBALL SUB   | A - LASAGNA ROLL UP    | A - POPCORN CHICKEN    | A - HOT DOG ON BUN     | A - PIZZA DIPPERS      |
| B - HOT DOG ON BUN | B - CHICKEN PATTY      | B - HAMBURGER ON BUN   | B - TENDERLOIN ON BUN  | B - CORN DOG           |
| CORN               | GARLIC BREAD           | BAKED BEANS            | SUN CHIPS              | MARINARA SAUCE         |
| CUCUMBERS & RANCH  | GREEN BEANS            | CARROTS & CELERY       | BROCCOLI               | SALAD                  |
| FRUIT              | FRUIT                  | FRUIT                  | FRUIT                  | FRUIT                  |
| 25                 | 26                     | 27                     | 28                     | 29                     |
| DUTCH WAFFLE       | BREAKFAST BURRITO      | CEREAL & COFFEE CAKE   | MINI DONUT             | FRUITY OATMEAL         |
|                    |                        |                        |                        |                        |
| A - CHICKEN PATTY  | A - CHICKEN QUESADILLA | A - CHEF SALAD         | A - SAUSAGE & PANCAKES | A - CHEESE PIZZA       |
| B - HOT DOG ON BUN | B - CHICKEN PATTY      | B - HAMBURGER ON BUN   | B - TENDERLOIN ON BUN  | B - CORN DOG           |
| MASHED POTATOES    | SALSA                  | PRETZEL & CHEESE       | SHREDDED HASHBROWNS    | SALAD                  |
| PEAS               | REFRIED BEANS          | FRUIT                  | GRAPE TOMATOES         | CARROTS                |
| FRUIT              | FRUIT                  |                        | FRUIT                  | FRUIT                  |

## MENUS ARE SUBJECT TO CHANGE.

ALL BREAKFASTS ARE SERVED WITH 1 CUP OF CANNED OR FRESH FRUIT AND/OR JUICE & LOW-FAT MILK.

ALL LUNCHES ARE SERVED WITH LOW-FAT MILK.

SALAD BAR WILL BE AVAILABLE EACH DAY FOR LUNCH

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